

# ANNUAL REPORT FOR 2019



# INTRODUCTION

In 2019, Cesta domů came of age. It was a busy time in which a lot happened. We have not stood still; we are always looking for new opportunities. But at the same time, we keep an eye on our limits so that we do not run too fast, we stop and look around without losing direction.

From the middle of the year we began working in Michle, Prague: Thanks to an extraordinary donation from the inheritance of Helena and Josef Kočvar, and the support of many other donors, Cesta domů has found a great place to work here. Promisingly a new training centre, where we offer both our own programmes and space for rent, has also begun to develop. Within the ProCestu service organisation, we closed down the café, but we intensively strengthened our publishing activities, charity shops and awareness-raising activities.

We are also constantly striving to innovate direct care services: besides the home hospice, we have started to offer extended, specialist at-home services, there has been increased interest in care for the bereaved, perinatal palliative care and support during complicated grief, and we have strengthened the palliative team for child patients. We are ready to launch our residential respite service. Counselling, support services, respite services at home and equipment rental have responded well to everything new.

But there is a lot of other hidden work behind everything that our patients and clients and their families, visitors and guests see. We have a revised strategic plan for the next three years. We are involved in advocacy activities and committees with the aim of contributing to changing the perception of a person's last affairs and improving the quality of palliative care in the Czech Republic. We organise events for the public and for our donors, such as the autumn concert and the benefit auction, which in 2019 brought a record yield. We try to share, offer and pass on our knowledge and experience as much as we possibly can.

As we write these words, we are facing the coronavirus epidemic whose broader implications and impact on our activities we cannot yet fully estimate. But we certainly accept this unexpected and difficult situation as a challenge. The long-term backing and support of our donors gives us the hope that in 2020 and beyond we will be able to provide and further develop our services, albeit maybe in an altered form.

All this would not be possible without the kindness, generosity, interest and diverse support of so many people, which does not cease even in difficult times. My thanks go to everyone who is travelling with Cesta domů and accompanies it, whether as a supporter, volunteer, or donor.

Ruth Šormová

# **OUR MISSION**

CESTA DOMŮ is a non-profit organisation that publicly asserts the acceptance that dying is a natural part of life.

It provides multi-professional services to the terminally ill and dying children and adults in their natural environment and offers support to their loved ones.

It strives for social change that would allow people to live to the end of their lives where they want, with the support of specialist palliative care if they need it.

It is independent of the state, political parties, churches and private entities.



#### PATIENT CARE SERVICES

The patient care services provided by Cesta domů are closely interconnected and focused on comprehensive care for the terminally ill and dying and their loved ones. The services are performed by staff from many professions who together form a team and help people in difficult life situations.

Counselling provides telephone or personal counselling in how to care for terminally ill patients. The home hospice provides its patients with specialist palliative care in their home environment. The palliative and supportive care consulting service comprises a one-off visit to the patient or in our clinic. Respite service assistants support the long-term and severely ill with daily routine activities. Our support services provide psychosocial help for the terminally ill and their carers and a wide range of compensatory aids is available through our equipment rental. Our trained volunteers are also an important part of direct care.

As with the entire organisation, moving to new headquarters has also brought a major change to the patient care services. Each of the services now has better facilities here – more consulting rooms for counselling and support services, a separate palliative and supportive care consulting clinic, equipment rental facility in the immediate vicinity of other services, and more.

Since January, we have signed contracts with all domestic health insurance companies for the provision of expertise 926 – specialist palliative home care. 2019 was therefore the first full year in which we received reimbursement from public health insurance for providing home hospice care for patients who met the indication criteria for this care. This helped us to finance part of the costs. We also negotiated contracts for expertise 720 – at-home palliative medicine; we succeeded with all but two health insurance companies.

In October 2019, a large part of our multi-professional team attended the 11<sup>th</sup> National Palliative Medicine Conference in Olomouc, some of them also as speakers. Pavel Klimeš, head of the team of nurses, received the Award for Exemplary Practice given by the Czech Palliative Medicine Society. Several members of the team also participated in the World Palliative Medicine Congress held in Berlin by the European Association for Palliative Care.

In 2019, Cesta domů became a mentor for three home-care hospices (Vysočina Home Hospice, Písek Athelas Home Hospice and Sv. Kleofáš Hospice Care), which received a grant from the Czech Ministry of Health as part of the Mobile Specialist Palliative Care Programme. Cesta domů will systematically work with them over the next three years, sharing experience and knowledge.

Together with an external consultant, we revised the Cesta domů Strategic Plan, which in the coming years intends to strengthen and further develop individual services.

The direct care services are led by Karolína Pochmanová.

### Health services

Our team of doctors and nurses provide terminally ill children and adults with medical care for the treatment of pain and associated symptoms so that severely ill patients with complicated symptoms can live at home, with available health care.

Cesta domu's health services come in two forms: firstly, hospice care at home with regular medical visits by medical personnel and an uninterrupted emergency service provided by a doctor and nurses and, secondly, a specialist palliative and supportive care consultation visit in the patient's own social environment or at the clinic, during which the doctor sets up a care plan

and symptomatic treatment. In 2019, we provided hospice care to 337 patients, of which 12 were children and adolescents, in their homes. We had 229 patients using the consulting service, 82 of whom also used home hospice care. The median length of care for hospice patients was 11 days.

During the year, we managed to strengthen the team of medical staff and we continued to develop the specialist palliative and supportive care consulting service, which acquired its own clinic in the new Cesta domů building.

In 2019, we launched an online application on our website as another way to apply for admission to home hospice care or for a doctor's visit as part of the specialist at-home palliative and supportive care. The doctor, together with a nurse, assesses how acute the applicant's need for medical services is and links it to the current capacity of doctors and nurses. Applicants for medical services are then contacted within the next working day after the application is made.

The medical team is headed by the senior doctor Irena Závadová. In 2019, it consisted of 16 doctors, including external doctors. Pavel Klimeš is in charge of a team of 16 nurses.

# Counselling

Questions related to the care of the terminally ill, but also the loss of a loved one, are handled by telephone or during face-to-face consultations by social workers in the Cesta domů counselling centre. During the consultation, clients can also fill out an application for our home hospice care or respite services.

In 2019, the counselling staff did a course on counselling for the bereaved and started to participate in specialist home visits, carrying out 23 of them. On average, the counselling centre provided 75 consultations per week and answered 737 inquiries on the online counselling portal at Umrání.cz.

Until August 2019 Veronika Drnková was in charge of counselling, from September 2019 Barbora Váchová.



# Support services

Members of the support team help the sick, carers and the bereaved with the emotional and administrative burden associated with their situation. Staff offer support to families that are receiving hospice care at home. The services do not end with the death of the patient. We offer care for the bereaved during the mourning period, for up to 13 months after the death of a loved one. Support for the bereaved is also open to people whose loved ones did not receive hospice care from Cesta domů.

Our staff offer individual care for the bereaved, including using Complicated Grief Treatment, which is short-term and structured. We regularly organise joint meetings for the bereaved at the Early Evening Club (Klub Podvečer).

In 2019, the number of people in the team stabilised and support services were now also available to patients receiving specialist home care – 38 visits by a psychosocial worker to families of patients receiving home care took place. We have continued to provide perinatal palliative care for parents who have been given a life-limiting prognosis for their unborn child or a baby that has just been born or if their baby has died. We have established contact with the Institute for the Care of Mother and Child in Prague-Podolí and other facilities that can recommend our services to their patients.

In 2019, our psychosocial staff gave 1,068 hours of care to our clients. Pavel Duba is in charge of support services.

# Respite services

In 2019, we provided respite services at home and assistants made 3,408 visits to 117 clients in their homes. 264 of these visits were to patients receiving home hospice care, and we also provided respite services to patients in specialist home care. In mid-2019, we began to prepare to provide residential respite services, the pilot launch of which was planned for January 2020 in the new Cesta domů premises. We managed to find enough people interested in working in the newly established team of assistants, to set up a department with four single rooms and facilities, to prepare the administrative side of the new social service and to announce the start of operation so that we could welcome the first clients with the new year.

Martina Tesařová is in charge of respite services at Cesta domů and Petra Rendlová became the coordinator of the respite services at home in 2019. The team providing respite services at home consisted of nine assistants in 2019. The new team of assistants offering residential respite services consists of six people and is coordinated by Zuzana Francová.



From the time mother's illness came back, we often thought about how we would cope with everything, especially the end that we knew would be neither fast nor easy. Our very first meeting with Cesta domů gave us the strength and belief that with you by our side we would manage. Your kindness, patience, empathy, interest... We noticed, both mum and us, that for all of you it was important that we were able not only to manage the end at home but also to experience it as best as we could. It was a very rewarding and important time for

the whole family, even though it was probably the hardest thing we have ever experienced.

Zuzana Moravcová, Kateřina Smidová, carers

# Equipment rental

We rent aids that facilitate the care of the seriously ill and dying at home. In 2019, we focused on the best and fastest possible coverage of the need for adjustable beds for patients in the care of our home hospice and those who were waiting for this care. We looked at the quality of anti-decubitus mattresses and tried to update our offer so that these mattresses best suit hospice practice.

In 2019, we provided a total of 1,349 pieces of equipment to 576 patients. We made 451 home visits, which was also thanks to 342 hours of work by our volunteers. The public rental office was visited by 488 customers.

Equipment rental was managed by Otto Adamec.

## Volunteers

Cesta domů can rely on an unprecedentaly strong and loyal volunteer base. In 2019, 100 volunteers helped us in direct care, charity shops, administration and event production, donating 7,255 hours of their time.



The largest amount of volunteer work was needed to run two charity shops. Over 30 volunteers donated 3,969 hours of their time. During the year, 28 volunteers took part in 123 visits to hospice clients and respite service clients and made 180 trips with adjustable beds and other rental aids. Much of the volunteer support and assistance is received in Cesta domů's administrative and service facilities. During the year this amounted to 1,540 hours, including assistance in the office, the reception desk, the library and counselling, carrying out errands, doing text work and seminar preparation. We needed a lot of time and energy from our volunteers to help with moving and settling into our new headquarters and they also helped us with running the charity café. An important tool for spreading our ideas and knowledge is the team of volunteers who spent 74 hours lecturing and talking to the public in 2019.

In the autumn, for volunteers in patient care services, we organised follow-up volunteer training specialising in paediatric patients. Trained volunteers can take over from the parents and other carers in the families of child patients for any time that is necessary.

Markéta Novotná is the coordinator of the volunteers.

In the middle of 2019, Cesta domů moved to its new headquarters in Michle, Prague, where it has ample space for the development of patient care services as well as educational and awareness-raising activities.

The foundation stone of the building by the Botič steam was laid shortly after the beginning of the millennium when the Sue Ryder Home was planning to build a residential facility for dementia clients nearby. Due to difficulties with financing and also a move away from the intended type of care towards home assistance, the building with a floor area of 1,200 m² remained unfinished. The idea for Cesta domů to buy the unfinished building in a quiet environment with good accessibility and to complete the construction appeared in 2013, when Cesta domů received a financial gift of several tens of millions of crowns. The Sue Ryder Home sold the building for less than the market price, but due to administrative delays, the planned completion had to wait almost another 5 years. After obtaining all the permits, we completed the construction and furnishing of the building and moved in in the spring of 2019. In June, we officially opened the building which has facilities for patient care and counselling, an administrative section, a new education centre, a library, equipment rental and a newly envisaged residential respite services department.

The street, in which the new headquarters of Cesta domů are located, is, at our request, named after Helena Kočvarová (1942–2006) – thanks to whose generosity Cesta domů was able to buy and complete the construction of the building.

Helena Kočvarová came from the family of the Prague lawyer JUDr. Karel Lohr and at a young age she acquired the Hadovka homestead in Prague 6 from her godmother. After the communist coup, the family's property was nationalised and the members of the family were persecuted. Mrs. Kočvarová reacquired the homestead following restitution after 1989. She and her husband decided to reconstruct Hadovka and then sell it and, with the proceeds from the sale, support those who need help. The completion of the plans was prevented by Mrs. Kočvarová's serious illness and premature death in 2006. Her husband died a year later without completing their joint work. The professional care provided to Josef Kočvar at the end of his life by Cesta domů and also the wishes his wife had expressed during her lifetime had a significant influence on their heir's decision to donate funds to build the Cesta domů palliative centre. It was done selflessly, in all modesty and without any publicity.

We thank all the donors and supporters who played a part in the completion and furnishing of the new building.



#### **EDUCATION AND SHARING EXPERIENCES**

Sharing good practice gained through providing services to patients and the effort to improve public awareness of the topic of death and dying are important parts of Cesta domů's activities. We provide one-day and multi-day study visits to doctors, nurses, social workers and other professionals from all over the Czech Republic. We also focus on doctors in pre-test preparation. We organise educational days consisting of lectures and practical workshops prepared by members of our multidisciplinary team. We accept invitations to lectures and discussions for professional audiences and the general public. In cooperation with other organisations, we strive to improve patients' access to specialist palliative home care in the Czech Republic.

# Study visits and lecturing

During the year, our team members gave 119 hours of lectures to more than 2,000 people throughout the Czech Republic. In the new premises of the education centre, we organised a seminar for students studying care disciplines in autumn as well as a workshop on palliative care communication. During the year, 45 experts from other organisations made study visits to Cesta domů, during which our staff gave them over 300 hours of consultation.

For a long time, we have been noticing a demand from educators and librarians for educational activities that would be thematically related to fear, aging and death as well as palliative care and euthanasia issues. In 2019, we therefore attended discussions in nurseries, primary schools, secondary schools and libraries throughout the Czech Republic. We have gained valuable feedback and inspiration that we are using to prepare sample lessons for schools and libraries.

#### Online resources

We have now concentrated information and materials related to education and awareness in one of the main sections of the Cesta domů website. Here, under the heading "Vzdělávání" (Education) people who are interested will find comprehensive information about our vocational education and awareness, titles produced by our publishers and the services of the specialist library, as well as what the education centre has to offer.

The Education section also includes freely available materials for sample lessons, which teachers can use to teach, and which can serve as a support in finding ways to open difficult topics or respond to the acute situation of loss within a school.

### Library

Cesta domu's public library is used by people interested in literature about palliative care or topics related to dying, death, and mourning. In total, 3,632 volumes of books and 808 audio disks are available to readers.

During 2019, the library underwent significant changes. The collection was moved to large premises in Cesta domů's new headquarters, and in the autumn, the library moved to a new library system thanks to the support of the Municipal Library of Prague. A further 402 books and audiobooks, a third of which were donations, were added to the library collection.

Eliška Mlynáriková is in charge of the library and education at Cesta domů.

# MEETING AND COMMUNICATING WITH THE PUBLIC

Also, in 2019, we tried to provide comprehensive information to all those who needed it – ill people, those caring for them and the bereaved – as well as being a partner to the media that help spread our knowledge and experiences. During the year, we met more than 50 different journalistic requests that meant that Cesta domů and its staff were represented on several television programmes and in the daily press as well as in printed and internet magazines. We also focused on systemic changes to improve the conditions for the dying in the Czech Republic, specifically we appealed for a change to the conditions for receiving long-term nursing benefits. These benefits may be essential for carers, but they are practically unavailable to the vast majority of families of home hospice patients.



What you do not only helps specific people in specific situations, but also creates a broad network of support for anyone who wants to take the topic of dying and death and discuss it at home, at school, in the community or in a group. I especially appreciate the books on death for children, which not only open up such an important topic and help children to give it a name but are also visually very well done.

Klára Ondříčková, educational activities coordinator

# Meeting donors and supporters in person

During the year we organise a number of events where we can meet our supporters and partners, which is very important for us. In March, thanks to our cooperation with the Dejvice Theatre, we offered our supporters a benefit performance of Elective Affinities (Spříznění volbou), the proceeds from which we used to operate our home hospice. Thanks to the generosity of The Prague Concert Co. we were able to invite our supporters to concerts in the Municipal House and Rudolfinum. In June, we met our donors and partners in the charming Baroque Vrtbovská Garden during an evening prepared by our employees and volunteers. At the end of the month, we opened the doors of Cesta domů's new headquarters and palliative centre in Michle and officially started operating from there. Guided tours of the building took place throughout the day and our activities were shown to donors, supporters, public administration representatives, colleagues from other hospices and other visitors. At the beginning of October, Cesta domů took part in the third year of the happening "Papučový den", an event spreading the idea of dying at home using photographs on social networks.

#### Concert

We introduce the importance of palliative care to the general public at an autumn concert, where Cesta domů joins in the celebrations of World Hospice and Palliative Care Day. At the beginning of October, four musicians from Clarinet Factory accepted our invitation to perform at La Fabrika in Holešovice. And with their captivating music in many styles they created a pleasant atmosphere and gave the audience a fantastic experience.

# Benefit auction

In the autumn, Cesta domů traditionally holds an auction of works of art that appeal to its donors and the public with an interest in art. The collection on offer consisted of 151 works by Czech and Slovak artists, photographers and designers. The indoor auction took place on 5 November 2019 in the Grand Ballroom of the Hilton Prague Hotel and, together with a previous online auction, brought 2,240,738 CZK into the Cesta domů budget. The total proceeds from the last nine years of benefit auctions for Cesta domů has therefore climbed to 13,156,968 CZK.

The benefit auction was organised by Lucie Mikulecká and Karolína Drábková under the leadership of Helena Štohanzlová.

# Online communication with the public

Cesta domů runs several websites. In the long term our consulting portal Umrání.cz has the largest number of visitors. In 2019, 1,400 visitors a day used it to search for information, advice, or articles. In 2019, 231 users visited the Cestadomů.cz website daily. In 2019, we redesigned our website, eVzpomínky.cz, a virtual memorial site that allows the public to share memories of loved ones who have died. The web design was created by the artists Martina Špinková, founder of Cesta domů, and Adriana Skálová, co-founder of Cesta domů, an illustrator and volunteer. There were an average of 77 visits a day to the site in 2019. The list of websites operated in 2019 is completed by Mojesmrt.cz, a site whose goal is to help people start thinking about everything that will one day pertain to their own dying. On average, 33 users visited it each day.

During 2019, we gained over 1,400 new fans on Facebook, reaching 12,600 by 31 December. We had 1,040 followers on Twitter and 880 on Instagram. On our website, anyone who is interested can subscribe to the monthly Kaleidoscope, which contains news about Cesta domů's activities and palliative care.

Lenka Váňová was in charge of coordinating programmes and communication with the public in 2019.



# FINANCE AND FUNDRAISING

Cesta domů is able to provide its services and share experience and awareness thanks to donor support. We are pleased, and do not take it for granted, that in 2019 there were more than two and a half thousand people and almost 150 companies, for whom the subject of a dignified end of life is at the forefront of their minds. We appreciate every crown they donate. We are pleased to be in touch with them and to tell them what is going on at Cesta domů and in the field of palliative care.

Knowing that we can rely on the support of a large group of people, companies, and institutions remains crucial for us even when we can receive reimbursement from health insurance companies for part of our health services. But the cost of care exceeds reimbursement and we also provide services that are not covered by insurance. Therefore, we are not letting up in trying to raise funds to cover all our activities in trying to fulfil the wishes of the seriously ill to leave in peace, to be with their family and where they are happiest. Thanks to our donors, when providing care, we can make free decisions in terms of procedures and treatment that benefit our patients and their loved ones the most.

The Cesta domů budget consists of donations from individual and corporate donors, contributions from endowment funds and foundations, subsidies from the state budget, payments from health insurance companies, profits from our own activities and benefit events. The general partner of Cesta domů is the Avast Foundation. Thank you to all our donors!

Helena Štohanzlová is responsible for donors and fundraising at Cesta domů. Tomáš Matocha is in charge of financial management.

#### SELECTED PROJECTS

## Cesta domů - centre of excellence

# Avast Foundation

In the first year of this two-year project, in cooperation with the University Hospital in Motol, we focused on the principles of handing over and informing each other about paediatric patients going into the care of a home hospice. Together we also went on a study visit to the Children's Hospital of Philadelphia. We also gathered inspiration from around the world at the congress of the European Association for Palliative Care. In the Czech Republic we went to give talks to schools and nursery schools in order to better know what our children and schoolchildren of all ages are interested in about this subject. We prepared and published an overview of how our publications can be used. The new education centre has become a space for sharing and passing on knowledge. At the new headquarters, the specialist palliative and supportive care clinic opened its doors to the general public, and we expanded the range of services offered by the public counselling centre. We also paid attention to preparing the residential respite services department so that from January 2020 it could welcome the first clients.

# Stabilising the nursing team and creating a scholarship programme for future nurses in the palliative team

# Komerční banka, a.s. Foundation - Assurance

Nurses are key workers and coordinators of patient care and the interconnection of all the services provided by Cesta domů and other organisations and each patient relies on them. However, there is a shortage of nurses in the labour market. This project aims to stabilise the nursing team and create a scholarship programme for future reinforcements. In the first year of the project we focused on analysing the existing nursing team with the focus on possible changes that will contribute to its stabilisation and effective functioning.

# Public counselling for the bereaved

Komerční banka, a.s. Foundation - Assurance

The aim of the three-year project is to provide long-term support to members of the public who are grieving, i.e. people whose loved ones did not die in the care of Cesta domů. In 2019, we focused on improving the qualifications of our counsellors. Four of them achieved the national qualification of Grief Counsellor, three of them took a course on Narrative Work with the Bereaved. We conducted two test support groups for care professionals. In the middle of the year we started providing services to members of the public who are grieving, and they were used by 23 people who had lost loved ones, with whom our counsellors conducted 65 consultations.

# ECONOMY IN 2019



#### **REVENUES IN 2019**

**CZK 6,2 mil.** • payments from health insurance companies

CZK 2,3 mil. • payments from our clients
CZK 28,9 mil. • donations from individual
and corporate donors

CZK 13,5 mil. • subsidies from public budgets and funds

CZK 0,3 mil. · other revenues

CZK 51,2 mil. • in total



#### **COSTS IN 2019**

8,1 mil. Kč · material 6,8 mil. Kč · services

33,1 mil Kč · labour costs
3,2 mil. Kč · other costs

51,2 mil. Kč • in total



#### FUNDS IN 2019

6 640 tis. Kč · Public collection
8 375 tis. Kč · Donations linked
to a project for the coming years
13 630 tis. Kč · Purpose-tied donation
for building the palliative centre
19 508 tis. Kč · Free donations
57 843 tis. Kč · Resources allocated
to depreciation
7 941 tis. Kč · Cumulative economic results

- 2 984 tis. Kč • Gains and losses from the revaluation of financial assets

110 953 tis. Kč • in total

The auditor's report on verification of Cesta domů's financial statements, compiled as of 31 December 2019, was drawn up by AUDIT SERVIS, spol. s r.o.

The auditor's statement is without reservations. The annual report, including the financial statements, can be downloaded from our website.



I decided to contribute to you and help other families to avoid moments that ours was unable to avoid. A few years ago, we were in the same situation with our dear mother-in-law as the people who are turning to you. She finally died at night in hospital without her loved ones. May your work and mission get better and better.

Luděk Švejda, donor

# THE PEOPLE AT CESTA DOMŮ IN 2019

Throughout the whole year Cesta domů had 92 employees (including people working on agreements), which, converted to full-time jobs, amounted to 45,50 full-time jobs (direct patient care, including the education project 32 full-time jobs; donor care and administration 13,50 full-time jobs).

# CESTA DOMŮ BODIES

# Statutory body:

Mgr. Ruth Šormová Director

# Board of administration in 2019:

MUDr. Zdeněk Kalvach, CSc. Chairman

Tereza Kaucká Vice-chairman

Ing. Jan Žůrek, CSc. Vice-chairman

RNDr. Josef Basík Member

Mgr. Václava Bratinková Member

Prof. RNDr. Milan Kodíček, CSc. Member

Ondřej Krása, Ph.D. Member

JUDr. Rostislav Silný Member

# Founders:

MUDr. Ondřej Sláma, Ph.D. oncologist, palliative care provider Ak. mal. Martina Špinková painter Alžběta Marková, MAS nurse

Members of these bodies did not receive any remuneration, they worked voluntarily.

# IN 2019 THE FOLLOWING PEOPLE WORKED FOR CESTA DOMŮ:

Otto Adamec, Naděžda Adámková, Sára Balabánová, Hana Baštová, Patrik Bém, Tetyana Bilyak, Tomáš Blažke, Kateřina Bransburg, Monika Bursíková, Veronika Černá, Jiří Černý, Pavel Demo, Karolína Drábková, Veronika Drnková, Pavel Duba, Antonín Ducháček, Dagmar Dynybylová, Mahulena Exnerová, Klára Fischerová, Zuzana Francová, Alena Hábltová, Matěj Hájek, Oldřich Hanibal, Dana Hechtová, Šárka Henychová, Kateřina Hildebrandová, Markéta Hojná, Adam Houska, Václav Chytil, Kateřina Janoušková, Jana Janžurová, Tereza Jirková, Hana Kašpárková, Pavel Klimeš, Marie Klimešová, Eliška Knapová, Gražina Kokešová Kleinová, Mlada Komárková, Jan Konečný, Kateřina Konopásková, Jan Kořenek, Jitka Kosíková, Michal Kouba, Darina Kremplová, Anna Krutská, Zuzana Křemenová, Josef Kubš, Tereza Lepešková, Johana Malá, Tomáš Matocha, Andrea Matoušková, Petra Mejsnarová, Kateřina Menčíková, Petr Mikoláš, Lucie Mikulecká, Anna Mikulová, Denisa Mlčochová, Eliška Mlynáriková, Jiří Navrátil, Ludmila Nováková, Markéta Novotná, Ráchel Paslerová, Adéla Pečlová, Ivana Pičmanová, Karolína Pochmanová, Jitka Polišenská, Kateřina Pavla Pospíšilová, Jindřiška Prokopová, Marcela Provazníková, Lucie Přádová, Leonardo Ragusa, Barbora Rejzková, Petra Rendlová, Tereza Řezáčová, Jana Salcmanová, Karel Snášel, Magdalena Stodolová, Olga Stránská, Lenka Studenková, Barbora Szonowská, Štěpánka Škampová, Jan Škoda, Ruth Šormová, Martina Špinková, Alena Štěpánová, Helena Štohanzlová, Pavel Šuchman, Michaela Šustová, Pavla Švecová, Martina Tesařová, Linda Tichotová Fryčová, Magdalena Tomášková, Kateřina Tulachová, Alena Uhlířová, Petra Vagenknechtová, Barbora Váchová, Andrea Valchářová, Monika Vaníčková, Lenka Váňová, Sára Víchová, Katarína Vlčková, Alena Vávrová, Pavla Vopatová, Barbora Vráblová, Irena Závadová, Bohunka Zbíralová, Martina Zikmundová

... and many other people from different professions who have worked for us externally and often without a fee.



## THANK YOU FOR COOPERATION

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# **HEADQUARTERS AND CONTACTS**

# Cesta domů, z.ú.

info@cestadomu.cz / www.cestadomu.cz / Reg no.: 265 28 843 / Tax reg. no.: CZ26528843 / Phone 266 712 610

# Headquarters address

Office, medical facilities, counselling, respite services, equipment rental, library

Heleny Kočvarové 1583/1, 140 00 Prague 4

#### Bank details

Account number: 2800193970/2010, Fio banka, a. s., V Celnici 1028/10, Prague 1 Variable symbol for one-off donations is 357. Thank you.

# Websites

Cestadomu.cz/en Umirani.cz – information, discussion and advice portal Mojesmrt.cz Vzpominky.nezavirejteoci.cz – virtual memorial site

www.facebook.com/cestadomu twitter.com/CestaDomu instagram.com/cesta\_domu

# **ANNUAL REPORT 2019**

#### Publisher

Cesta domů, z.ú.

#### **Editors**

Linda Tichotová Fryčová Lenka Váňová

# Graphic design

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# Photographs

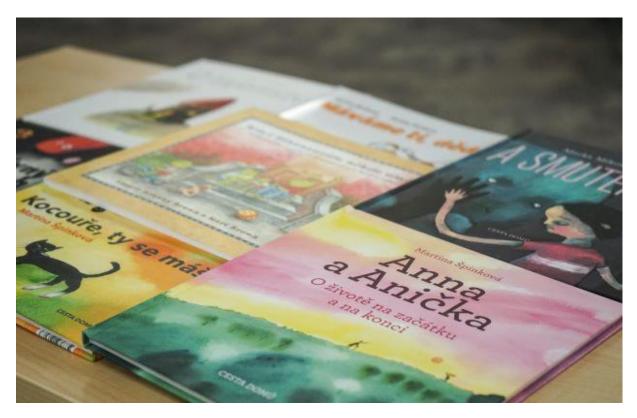
Daniela Dahlien Neumanová Jan Šilar Linda Tichotová Fryčová

### Printing

H.R.G. spol. s r.o.

All the photographs in the annual report are authentic and have been taken with the consent of the persons in the photograph.

# SUPPLEMENT ProCestu service organisation



In 2019, ProCestu service organisation ran the publishers, the charity shops and, for four months, the café, which was then closed down. At Bubenská 421/3, Prague 7 the organisation not only had its headquarters, but also one of the shops, an office and warehouse. Until 31 July, the managing director of the service organisation was Vojtěch Kozlík, who was succeeded by Ruth Šormová. On 31 December 2019, the service organisation ceased its activities and since 2020 has legally come under Cesta domů again.

# Cesta domů publishers

In 2019, the publishers published 12 publications, of which six were re-editions. Two new books were for children. In total, we made about 63 prints including invitations, leaflets and stationery. We translated three publications from English and one from Finnish, and in cooperation with Albatros publishers we translated our original book *O tajemství (Mystery)* into English. Thanks to cooperation with Czech Centres, our children's books appeared at book fairs in Seoul, Budapest and Buenos Aires.

We sold the majority of books through large distributors and nearly forty smaller commission agents. Books were available to buy in our shops, e-shop, cafe and in our headquarters. We participated in major Czech book fairs, the palliative medicine conference in Olomouc and other events.

We managed to co-finance publication from grants, donations and advertisements and thanks to grants we were able to donate to hospices and other service providers throughout the Czech Republic.

The editor-in-chief of the publishers worked intensively with the Cesta domů Education Centre on preparing discussions and lectures for schools, nurseries and libraries. We also made some videos for schools. In cooperation with Tympanum Publishing House we released an *Advent Calendar* CD.

# Cesta domů charity shops

In 2019, Cesta domů had two charity shops. In them we sell goods from the publishers and creative stationery as well as donated items and clothing, while the shops also serve as a place where people can get information and advice on care options for the sick.

The shop near the Vltavská Metro Station also acts as headquarters and orders goods and makes arrangements for the events that the shops participate in. Visitors to the store on Bělohorská Street are mainly locals. Running the shops depends on volunteers, who over the year worked in them for almost four thousand hours and also participated in the JakPak bazaar.

# Cesta domů café

The café was open until the end of April and hosted several exhibitions, lectures, four theatre performances and two readings by the actor Martin Myšička. But even in its third year, it did not generate enough profit, so Cesta domů decided to close it down. Nevertheless, it was a cultural and social asset while it was open and helped to raise awareness of Cesta domů and its themes.

# PEOPLE IN THE CESTA DOMŮ SERVICE ORGANISATION IN 2019

Martina Borovková, Markéta Čábelová, Klára Dvořáková, Barbora Fischerová, Klára Fischerová, Martina Chalupníková, Barbora Janičinová, Ludmila Kopecká, Vojtěch Kozlík, Václava Linhartová, Jakub Novotný, Petra Plešingerová, Štěpánka Ryšavá, Jaroslav Šimůnek, Marie Šimůnková, Veronika Šimůnková, Martina Špinková, Lucie Tarantíková, Lorraine Traynor, Debora Zálešáková.

# THANK YOU FOR YOUR COOPERATION

Eppendorf Czech & Slovakia s.r.o., Farma Kozárovice s.r.o., FILI – Finnish Literary Exchange, Eva Fiřtová, H.R.G. spol. s r.o., Pavla Hroudová, Life M s.r.o., Zdeněk Kalvach, Kevan Van Thompson, Karin Kolaříková, Kamila Kudlvasrová, Prague City Hall, Ministry of Culture of the Czech Republic, Jan Tlačbaba Endowment Fund, Eva Picková, STILL ČR spol. s r.o., Studio Designiq, Timothy Young, Eva Žůrková.

#### ProCestu s.r.o.

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# Cesta domů publishers

nakladatelstvi@cestadomu.cz

# Charity shops

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# **WEBSITES**

www.cestadomu.cz/nakladatelstvi eshop.cestadomu.cz www.cestadomu.cz/obchody www.facebook.com/dobrocinnyobchodCD