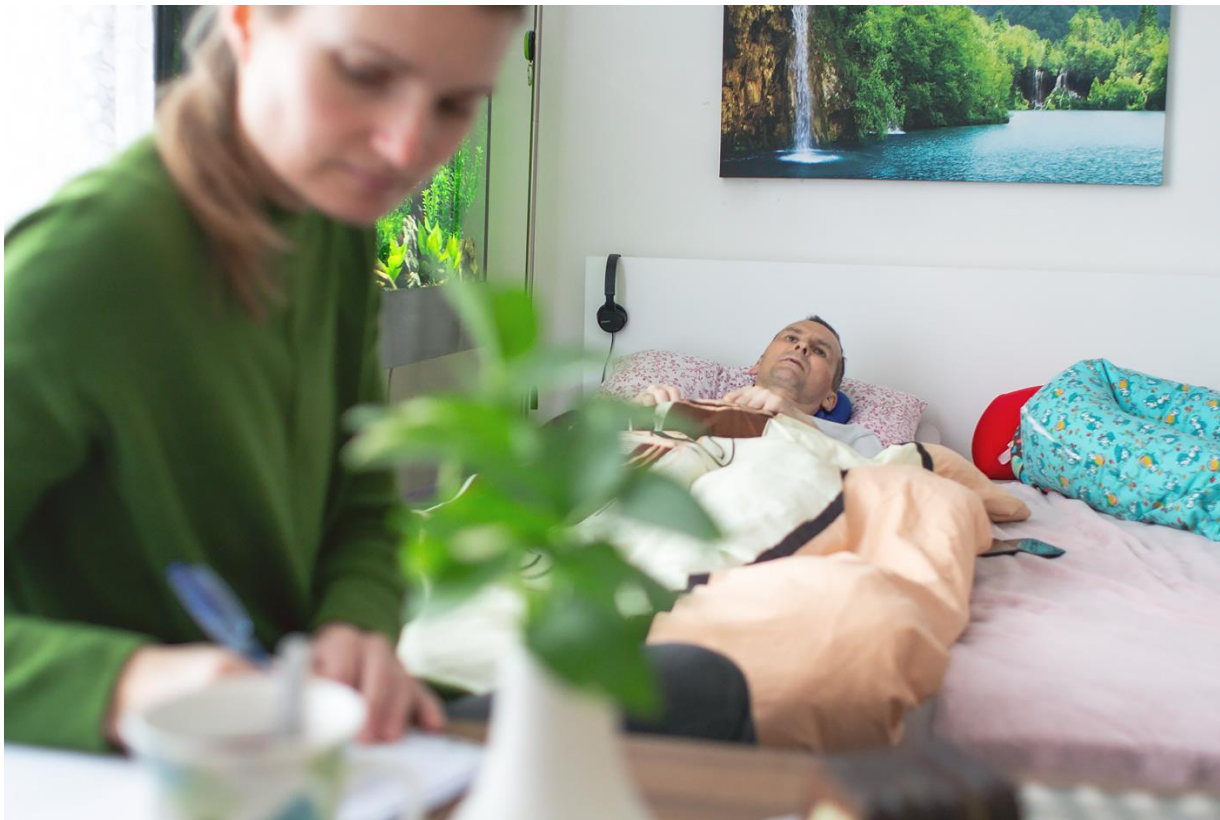




# ANNUAL REPORT FOR 2018



## CESTA DOMŮ'S MISSION

Cesta domů is a non-profit organisation that, through the services of a mobile hospice, enables terminally ill and dying children and adults to be cared for in their natural environment and offers support to their loved ones.

At the same time, it seeks to contribute to social and legislative changes that aim to improve care for the dying. It offers educational activities, runs web portals, produces publications and has a specialist library.

Together we share and publicly assert the acceptance that dying is a natural part of life.

## INTRODUCTION

Cesta domů has been a part of people's lives for eighteen years. We move in the private space of patients and their families, in borderline and difficult situations that nobody chooses, but inherently belong to life.

We want people, who wish it, to be able to die at home, where they like it and where they do not feel alone. We support their families in taking care of their loved ones and having time at the end of their lives filled not only with worries and stress, but also with the chance to get together, reminisce and say goodbye.

We are also trying to promote changes in the approach to dying in Czech society, leading to better information, lessening taboos and strengthening awareness that the time spent with the sick and the dying often resembles an unexpectedly discovered treasure.

In 2018, we have continued to do everything that Cesta domů has been doing for a long time: we have offered mobile hospice services, counselling, respite services, a support team and the rental of equipment. We have introduced and gradually expanded the palliative ambulance service and are developing palliative care for child patients. We have provided internet counselling to the public; we have also communicated through websites and social networks. The publishers and the charity shops have done well, and the café has continued to operate. Many people interested in the subject of palliative care have used what our library has to offer or have attended lectures and study days.

We are very grateful especially to the employees of Cesta domů and our invaluable volunteers for everything that is happening. But also, we could not have managed without the help of a wide range of supporters, whose generosity we do not take for granted and is much appreciated. In the past year, a lot of energy was required during the handover of the director's position – until the end of August Marek Uhlíř was in charge of Cesta domů and since September I have taken on that role with joy and respect. Thank you, to everyone who has helped and still is helping me.

Cesta domů's life is varied, we try to understand the changing needs and demand for our help and to respond to them with new ideas on how to further improve the service. You can read about most of what is happening here on the pages of the annual report, but much of our work remains hidden, which does not mean it is any less important.

I would like to thank every single one of you who supports Cesta domů in a variety of ways.

Thank you for helping us to change the way people die in the Czech Republic.

Ruth Šormová, Director

## DIRECT SERVICES

Cesta domů operates six direct services that are interconnected and allow us to provide comprehensive care for the terminally ill and dying and their loved ones.

There was a big change in direct services at the beginning of 2018, when mobile specialised palliative care was added to the list of services covered by public health insurance, i.e. the payment of the health component of a comprehensive hospice service. After fifteen years of trying to include this type of care in the healthcare system, this was a fundamental moment and

the culmination of a pilot programme conducted in cooperation with Všeobecná zdravotní pojišťovna (General Health Insurance Company) and the Ministry of Health for the past three years. Following negotiations with individual insurance companies, Cesta domů has been a contractual provider of home palliative care for all domestic health insurance companies since September 2018. This allows us to use health insurance to cover part of our comprehensive services. The inclusion of a patient in payment through public health insurance is always decided by a doctor based on indication criteria and other factors (for example, prognosis, the use of care from other providers, etc.), some patients are included only over the course of time. Only about half of our patients meet the criteria; therefore, we continue to use donations from individual and corporate donors and grants from state and non-governmental organisations to cover our services.

A new service is the palliative and supportive care home visit service that we set up in April 2018. This involves a visit by a doctor to an adult or child patient's home where the doctor considers the possible palliative procedures associated with advanced disease and helps set up medication. So far, we have been a contracting provider for this service for four health insurance companies in 2018, and we are negotiating with others.

Direct services are run by Karolína Pochmanová.

### Medical services

Our team of doctors and nurses provides terminally ill children and adults in their home with 24-hour, 7-day-a-week health care focussing on treatment for pain and associated symptoms.

In 2018 we took care of 325 patients and the number of treatment days was 5,940. We had 11 child patients in our care, one of whom lived in the Central Bohemia Region. We cooperate with Motol University Hospital and the U Apolináře Gynaecological and Obstetric Clinic on the transfer of paediatric patients.

We try to take acute patients so that they can spend the last few days of their lives at home. In the course of the year, we managed to reduce the response time to writing out a request for admission to mobile hospice care. After filling out a request in the counselling centre, the family is contacted by an outpatient nurse who, depending on how acute the patient's condition is and on capacity, arranges an outpatient visit or admission to hospice care. We also cooperate with hospitals to transfer patients directly to our care.

The newly established palliative care home visit service in 2018 made 148 visits to patients' own social environment. Several times we also visited patients in hospital. A doctor visits the patient and sets up a care plan and symptom treatment according to the wishes of the patient and his or her family. For some patients, after the medication has been set up and the family has been given instructions, the service enabled them to spend the end of their lives at home and without the involvement of mobile hospice care.

The medical team is headed by MUDr. Irena Zavadová. In addition to her, in 2018 it consisted of 3 regular doctors and 7 nurses. Pavel Klimeš is in charge of the team of nurses. The BLÍŽKSOBĚ Foundation, Lesy České republiky and Opportunus were important partners of the mobile hospice medical team.

## Development of the number of mobile hospice patients and median length of care for them over the past 10 years

MOBILE HOSPICE	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Number of adult patients	131	112	112	119	138	189	211	216	256	314
Number of child patients (under the age of 19)	*	*	*	*	*	1	6	4	4	11
Median length of care of adult patients	16	14	15	17	15	15	15	16	14.5	10
Median length of care of child patients						34	23	100	89	40

The increase in the number of patients in hospice care in 2018 compared to the previous year can be attributed to the fact that thanks to the adjustment of internal procedures we are able to respond more quickly to submitted care requests. The new ambulance service also plays a role. One-off treatment with an ambulance visit is enough for some patients – thanks to a well-set up plan for future care and symptom treatment, the family can handle everything without having to be taken into our care, with the assistance of a general practitioner and perhaps a home care agency. Alternatively, the family will only use hospice care just before the patient's death.

The median length of care for child patients is much higher than in adult patients, which is consistent with global data. This is confirmed by our assumption and the reason why it has been agreed for health insurance coverage that children may be included in it for longer than adults (90 vs. 30 days).

\* The number of child patients was not recorded in these years.

## Counselling

Counselling staff provide free professional social counselling to anyone in the Czech Republic who is interested, who is caring for someone dying in their home or who wants to prepare to look after someone. They also offer help to people who are coming to terms with the loss of a loved one.

Consultations take place by telephone and in person. During 2018, the staff carried out an average of 68 consultations a week. They also responded to questions in the internet counselling centre at [Umirani.cz](http://Umirani.cz), where 483 queries were received during the year. The counselling centre is also the place where we fill out requests with applicants for admission to the mobile hospice and respite services.

The counselling team consists of six social workers. The counselling centre is led by Veronika Drnková, who, thanks to the Avast Foundation Palliative Care Scholarship, in 2018 trained in the USA in the method of complicated grief therapy and the counselling centre will be offering this therapy to grieving relatives from 2019.

## Support team

Our clients and their families are provided with psychosocial and spiritual support by psychosocial workers, psychologists, a psychotherapist and a chaplain, who are members of the support team. Their aim is to guide sick people, the people caring for them and grieving relatives through the administrative and emotional burden associated with the situation they find themselves in. Throughout the year, we have strengthened the role of the chaplain, who increasingly offers to talk to families about existential issues, and possibly also about organising a farewell ritual. He has also begun to hold regular spiritual meetings for our employees and volunteers.

The support team now includes two child psychotherapists who are available to both sick children and to their siblings or the children of someone who is dying or has died in the care of Cesta domů. Care is always limited by the number of consultations and is aimed at coping with the loss. As the number of patients has increased, there has been a need for more capacity for survivors. We provide them with a visit, and they can also be guided through their grief individually or use the safe place to share during the Podvečer Club meetings, which are held once a month in the Cesta domů library.

In 2018, our psychosocial workers devoted 840 hours of direct care to clients.

The support team was led in 2018 by Jindřiška Prokopová.

## Respite services

Respite services are provided by Cesta domů as a matter of priority to receivers of palliative care, and then depending on the capacity, to other long-term and terminally ill people of all ages. In 2018, respite services have complemented our hospice care to a greater extent than in previous years. New clients were hospice patients or were indicated during a home visit. Greater interconnection between respite services and hospice care has resulted in a slight increase in the average number of clients at any one time, as well as a significant reduction in the median length of care compared to the previous year. In total, respite assistants devoted 5,602 hours of care to 107 clients.

Nine respite assistants led by Martina Tesařová work in the respite service team.

### Development of the number of respite service clients over the past 10 years

	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Number of respite service clients	25	17	25	26	42	58	56	55	70	107

## Volunteers

Volunteers are essential in making our organisation function. They participate in activities in many areas, from administration to direct care. They come from different backgrounds and have diverse knowledge and skills, complementing and enriching our team.

In 2018, 102 volunteers devoted 7,222 hours of their time. Most of all, volunteer work was needed in our two charity shops, where volunteers not only sold items but also provided information about Cesta domů's services, a total of 3,579 hours. Volunteers with special training helped in the families of hospice clients with 132 visits, totalling 605 hours. They also assisted respite service clients, with whom they spent a total of 116 hours. Volunteers made 204 trips with adjustable beds and other aids. They also spent hundreds of hours more providing administrative support, helping to organise Cesta domů events and going on errands. Volunteers have now also started to help in our café.

We were delighted when Věra Lucey, who works as a volunteer in direct care, was given the Křesadlo Award by the Hestia organisation. 2018 saw the start of the 16<sup>th</sup> volunteer training cycle, which is necessary for visiting clients' families.

The volunteer coordinator is Markéta Novotná.

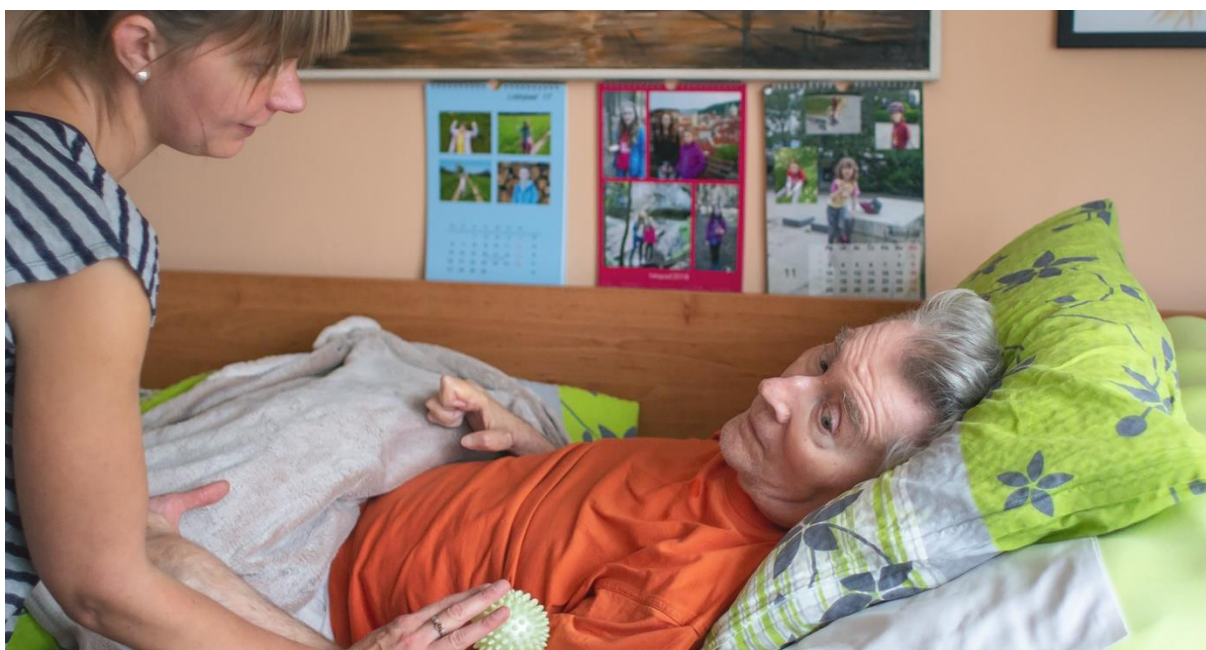
In 2018, the volunteer programme was supported by Dobrobazar, z.s.



*Sometimes, after I have been volunteering I think how strange it is that life is so normal up until the end – that, just like normal, people communicate, look, love some things, dislike other things, are polite, want to entertain visitors, enjoy the ordinary little things, and say goodbye with “see you soon”. So normal, and then it's over.*

*I think death can't be understood. But I am very glad that dying can be "normal". At home, being themselves, with a loving and caring family.*

*From an entry by Lidka, a volunteer with the hospice client Mrs. H.*



## Equipment rental

The main purpose of medical equipment rental is to provide families in hospice care with compensatory aids to help maintain patient dignity and facilitate home care. We also offer rental services to the public.

In the course of the year, the rental service made 400 trips, mainly with adjustable beds (100 of these trips were for the public and 300 trips were to families in the care of Cesta domů). We lent a total of 2,050 pieces of equipment. In total, 617 clients used these services. In 2018, the rental service focussed on renewing and improving the quality of the equipment offered and on purchasing additional adjustable beds, also thanks to significant support from Cushman & Wakefield and DMA Praha.

Equipment rental is run by Otto Adamec.



*I would like to tell you that you made the final weeks, days, hours and minutes so much easier for us, you made them bearable, natural and human. Only thanks to your professionalism, help and personal approach can we look back on this period knowing that – thanks to you – we were able to experience moments that are extremely valuable, positive, strong and filled with love that continues to enrich our lives. Without you, we would have been lost in those situations that were unknown to us.*

*Zuzana Herzogová, carer*

## EDUCATION AND SHARING EXPERIENCES

Cesta domů is constantly trying to contribute to the development of palliative care in the Czech Republic through its educational and awareness activities. We provide professional one-day and multiple-day study visits for doctors, nurses, and social workers, as well as study visits for doctors in postgraduate training. For groups of people who are interested, we organise educational days consisting of lectures and workshops prepared by members of our multidisciplinary team. We are approached to participate in lectures and other events for the specialist and general public, we focus on selected topics to do with palliative care and, for example, we help to support the efforts of other entities to promote mobile palliative care.

### Study visits and lecturing

In 2018, 44 experts from other organisations made study visits to Cesta domů, totalling 88 days. We organised three study days to present our multidisciplinary care to paediatricians, home care agency staff and students of caring disciplines. Our staff lectured for 96 hours to 1,300 participants during the year.

Cesta domů was able to continue in its educational and awareness activities in 2018 thanks to the support of the Komerční banka – Jistota Foundation and the Ministry of Labour and Social Affairs.

## Library

The Cesta domů library is for anyone interested in literature about the end of human life – professionals, students and readers from the general public.

The collection of 4,270 titles includes not only professional books on medical, nursing and psychosocial subjects, but also relevant fiction and audiobooks. In 2018, we added nearly 450 new titles, namely 218, mainly professional books, and largely foreign-language, and 219 spoken word CDs.

Eliška Mlynářiková is in charge of Cesta domů's library and study visits.



*I have returned from my study visit at the Cesta domů mobile hospice. After a week's absence I am catching up with housework, I put on a mix of my favourite songs and remember everything I experienced. Suddenly I realise that Simon and Garfunkel's Bridge Over Troubled Water can be heard throughout the house, and I know what the group of people from Cesta domů means to me. It is a solid bridge whose pillars are the palliative team and the volunteers, a bridge that safely and graciously*

*crosses over the waters of sadness, hardship, pain and loss. Words come to me, such as positivity, empathy, kindness, love of man, but also professionalism.*

*Thank you for welcoming me so kindly. Thank you for allowing me to be with you for a while. Thank you for enabling me to take another important step in my personal and professional beliefs.*

***Barbora Červíčková, paediatrician, study visitor***





## MEETING AND COMMUNICATING WITH THE PUBLIC

Strengthening the awareness that dying is a natural and important part of life remains one of our important tasks. We strive to provide comprehensive information to those who urgently need it – at Umirani.cz we offer advice and information on the care of the terminally ill, Internet counselling, discussion and thematic articles. The knowledge of the staff on our team is often used by journalists, which means we can help to bring health and psychosocial aspects of palliative care to the public through online and printed articles, television and radio reports and interviews. We have also been involved in advocacy activities. As part of a Fulbright-Masaryk Scholarship Lenka Váňová undertook a four-month internship at the National Hospice and Palliative Care Organization, which brings together and represents providers of hospice and palliative care across the USA. She has summarised her experience in an online guide available on the Cesta domů website. We also try to make finality and death in everyday life less of a taboo by participating in public discussions, through the distribution of our publications and by organising events.

### Meeting donors and supporters in person

At the end of spring, we regularly organise a social evening for donors and supporters of Cesta domů. In 2018 it was held in the Ledebur Garden beneath Prague Castle. During the evening, guests could meet the Cesta domů staff and enjoy listening to the Sugarcutes vocal quartet. They could also see the latest publications or go on a guided tour of the gardens.

At the beginning of September, we used our café in Soukenická Street to host a breakfast for our donors and supporters. Thanks to cooperation with The Prague Concert Co., we were also able to invite those, without whom our activities would not be possible, to a concert by the renowned El Camino Youth Symphony from California.

At the beginning of October, we joined in with the Week for Mobile Hospices campaign with “Slippers Day” and helped spread the idea of home hospice care in the media and on social networks.

### Concert

Cesta domů traditionally joins in the celebrations of World Hospice and Palliative Care Day, which is held every year on the second Saturday in October. At our concert at La Fabrika in Prague on October 11<sup>th</sup>, Barbora Poláková sang with her band in front of a sold-out auditorium. The performance was enjoyed by everyone and we were able to introduce new people to the idea of hospice care.

### Benefit auction

A popular part of the autumn programme for donors and art lovers is our benefit auction, which was held for the eighth year in the grand setting of the Congress Hall in the Hilton Prague, the main partner of the auction. The collection of 151 works consisted of a selection of Czech and Slovak fine and applied art.

During the evening, works were auctioned off for CZK 1,328,900. During the auction, we also broke the barrier of CZK 10 million received during all previous auctions. Some of the works

were auctioned online on the Cesta domů website for CZK 266,000. The total proceeds from the auction, including sales after the auction, amounted to CZK 1,850,900.

The benefit auction was organised by Lucie Mikulecká and Karolína Drábková under the leadership of Helena Štohanzlová.

### Online communication with the public

The Cestadomu.cz website recorded on average 330 visits a day from 208 users. The Umirani.cz information services were used by an average of 1,063 users a day, from whom we recorded 1,456 visits. During the year, we published 15 original articles on the Umirani.cz portal and the website was nominated for the Křišťálová Lupa Award in the Public Benefit Service section – the Czech Television Award. The portal was supported by Amgen.

We acquired almost a thousand new fans on Facebook during the year, reaching 11,378 by 31 December. 950 users followed us on Twitter. On our website you can subscribe to the Kaleidoskop electronic monthly, which contains news from our activities and the latest information about hospice and palliative care.

Lenka Váňová and Linda Tichotová Fryčová were in charge of coordinating programmes and communication with the public in 2018.



## FINANCE AND FUNDRAISING

Cesta domů is able to provide its services and develop further thanks to the support of donors. We are always pleased, and we do not take it for granted that each year there are over two thousand people and more than a hundred corporate partners, for whom the subject of a dignified end of life is at the forefront of their minds. We very much appreciate every crown they donate. We are pleased to be in contact with them every day and to bring them closer to events not only at Cesta domů, but also, in general, in the field of palliative care in the Czech Republic and elsewhere in the world.

The feeling that we can rely on a large group of people, companies and institutions is crucial to us, including in a situation where, after years of efforts, a decree containing an instrument for the payment of the health component of our comprehensive hospice service has come into force. Although Cesta domů has signed contracts with all health insurance companies for this performance, only a portion of our patients are indicated for reimbursement. Therefore, we are not ceasing in our efforts to obtain additional financial resources to cover all our activities, which consist of trying to change the view of palliative care in this country and to fulfil the wishes of the severely ill to depart in peace, to be with their family and where they are happiest.

The Cesta domů budget is made up of donations from individual and corporate donors, contributions from endowment funds and foundations, subsidies from the state budget, profits from our own activities, and benefit events. Cesta domů's general partner is the AVAST Foundation. Thanks to all the donors!

- In 2018, members of the Friends of Cesta domů Club and regular donors gave us more than 5.4 million CZK.
- The total income from all individual donors (regular and occasional) was 9.33 million CZK.
- Corporate donors donated 3.5 million CZK.

Helena Štohanzlová was in charge of the fundraising and donor care agenda.



From September to November 2018, we took care of an eight-year-old boy with acute leukaemia after a failed bone marrow transplant. Care was more complicated, blood counts had to be checked often, red blood cell and platelet transfusions had to be repeated frequently in the hospital, and controls and transfusions had to be arranged with the hospital. Our care helped the family to be sure that they can cope with everything, that they have someone they can turn to day and night. We used the possibility of payment for specialised palliative care from the insurance company, but thanks to our donors we were sure that even if the insurance company did not want to pay for the care, we would be able to provide it without any worries. The public health insurance reimbursement mechanism in 2018 did not allow a patient to be in the care of two facilities at the same time - in this case, that the boy could undergo a transfusion in the hospital and at the same time be cared for by Cesta domů. Either the boy would have to be in hospital or just at home without any transfusions, which would clearly accelerate his death. After the transfusions, when he felt much better, he could go home and really enjoy the time he had - with his older brother, with his parents and grandparents, with their dog and his new Lego.

Thanks to our donors, when caring for our patients we can freely decide with the sole aim of allowing them and their families to spend their last moments together as best they can.

**MUDr. Irena Závadová, Senior Consultant, Cesta domů**

Cesta domů's budget relies heavily on individual donors. Most often we received 200 CZK from them in 2018.

Amount donated	Number of donors
50 CZK	11
100 CZK	131
200 CZK	463
300 CZK	226
400 CZK	104
500 CZK	268
1,000 CZK	206
1,500 CZK	54
2,000 CZK	73
2,500 CZK	249
3,000 CZK	91
5,000 CZK	114
10,000 CZK	58
15,000 CZK	8
20,000 CZK	21
50,000 CZK	6
100,000 CZK	1

## SELECTED PROJECTS IN 2018

### Professionalisation of Cesta domů, ESF – Operational Programme Employment

In 2018, a project focused on the internal development and professionalisation of Cesta domů continued – further professional seminars from the Management Academy were held focussing on time management, project management, budgeting, development and feedback interviews with subordinates, etc. In addition to the Management Academy, individual consultations with experts on human resources, budgeting, fundraising and quality of service took place.

### Programme to support non-governmental non-profit organisations operating in the health sector, including palliative hospice care, Ministry of Health of the Czech Republic

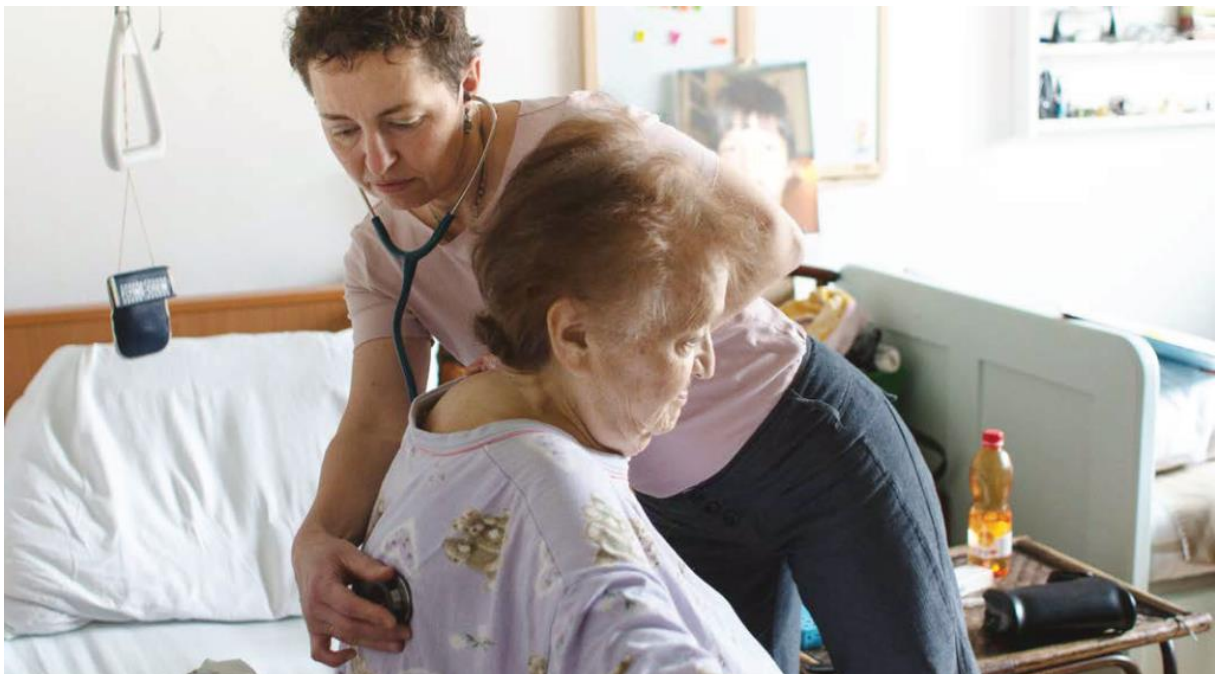
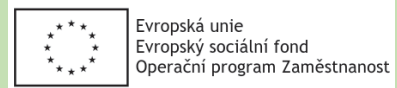
Thanks to support, we have been able to expand our portfolio with four more publications. In the new edition of booklets on the death of a child, we have published the first two publications – entitled *Our Baby Has Died* and *Our Child's Sibling Has Died*. Furthermore, we have re-edited the well-proven, ten-page leaflet *Children Mourn Differently* and have recently prepared and published a leaflet taking into account the important and sometimes neglected fact that teenagers are a separate category – *Teenagers Mourn In Their Own Way*. Thanks to the project, we have also expanded the range of rental equipment by adding five new items and as an investment we have bought a portable ultrasound.

[A Good Life to the End, Subsidy Programme for Support for the Public Activities of Nationwide Senior and Pro-senior Organisations, Ministry of Labour and Social Affairs](#)

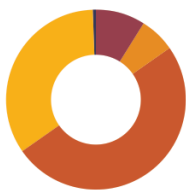
Thanks to a subsidy, in the autumn we were able to prepare and publish a translation of the book by the Australian anaesthesiologist Ken Hillman entitled *A Good Life to the End*. In the autumn, we prepared the publication of our first novel, Rachel Joyce's *The Love Song of Miss Queenie Hennessy*, translated from English and set in a hospice.

[Coordination of Multidisciplinary Home Hospice Care, Operational Programme Employment, Ministry of Labour and Social Affairs of the Czech Republic](#)

The provider of home palliative care at Cesta domů is the multidisciplinary team. It encompasses health and social services and forms a functional unit to provide terminally ill and dying people and those close to them with comprehensive care with an emphasis on the quality of their lives at home 24 hours a day, 7 days a week. The project focuses on systemic improvement of multidisciplinary team coordination, which will bring further improvement, streamlining and completeness of the services that are offered.



## ECONOMY IN 2018



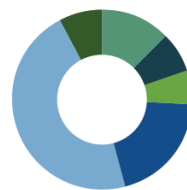
### INCOME

<b>3 218 000 Kč</b>	• From health insurance companies
<b>2 297 000 Kč</b>	• Sale of services and goods
<b>17 969 000 Kč</b>	• Donations, including used funds
<b>12 247 000 Kč</b>	• Subsidies
<b>141 000 Kč</b>	• Other income
<b>35 872 000 Kč</b>	• Total



### COSTS

<b>3 709 000 Kč</b>	• Materials
<b>4 678 000 Kč</b>	• Services
<b>25 413 000 Kč</b>	• Wage Costs
<b>1 993 000 Kč</b>	• Other Costs
<b>35 793 000 Kč</b>	• Total



### FUNDS

<b>13 397 000 Kč</b>	• Public collection
<b>7 732 000 Kč</b>	• Donations linked to a project for the coming years
<b>21 226 000 Kč</b>	• Purpose-bound donation for building a palliative centre
<b>8 779 000 Kč</b>	• Donations not linked to a project
<b>49 242 000 Kč</b>	• Allocated to depreciation
<b>- 2 548 000 Kč</b>	• Valuation differences of revaluation of financial assets and liabilities
<b>7 941 000 Kč</b>	• Economic results cumulatively
<b>105 769 000 Kč</b>	• Total

The auditor's report on verification of Cesta domů's financial statements, compiled as of 31 December 2018, was drawn up by AUDIT SERVIS, spol. s r.o.

The auditor's statement is without reservations. The annual report, including the financial statements, can be downloaded from our website.

## THE PEOPLE AT CESTA DOMŮ IN 2018

Throughout the whole year Cesta domů had 89 employees (including agreements), which, converted to full-time jobs, amounted to 38.46 full-time jobs (direct care, including education project, 26.21 full-time jobs; donor care and administration 12.25 full-time jobs).

## IN 2018 THE FOLLOWING PEOPLE WORKED FOR CESTA DOMŮ:

Otto Adamec, Sára Balabánová, Tetyana Bilyak, Tomáš Blažke, Jiří Černý, Pavel Demo, Karolína Drábková, Veronika Drnková, Antonín Ducháček, Dagmar Dynybylová, Alena Hábltová, Matěj Hájek, Michal Hajtman, Oldřich Hanibal, Dana Hechtová, Šárka Henychová, Kateřina Hildebrandová, Adam Houska, Václav Chytil, Kateřina Janoušková, Jana Janžurová, Zdeňka Jasanská, Tereza Jirková, Pavel Klimeš, Marie Klimešová, Eliška Knapová, Gražina Kokešová Kleinová, Mlada Komárková, Jan Konečný, Kateřina Konopásková, Jan Kořenek, Jitka Kosíková, Michal Kouba, Vojtěch Kozlík, Anna Krutská, Zuzana Křemenová, Marek Křibík, Tereza Lepešková, Tereza Lužná, Johana Malá, Tomáš Matocha, Andrea Matoušková, Kateřina Menčíková, Petr Mikoláš, Anna Mikulová, Denisa Mlčochová, Eliška Mlynáriková, Mahulena Mojžíšová, Jiří Navrátil, Ludmila Nováková, Markéta Novotná, Ráchel Paslerová, Adéla Pečlová, Ivana Pičmanová, Karolína Pochmanová, Kateřina Pavla Pospíšilová, Jindřiška Prokopová, Marcela Provazníková, Leonardo Ragusa, Barbora Rejzková, Petra Rendlová, Tereza Řezáčová, Barbora Szonowská, Lenka Studenková, Štěpánka Škampová, Jan Škoda, Ruth Šormová, Martina Špinková, Alena Štěpánová, Helena Štohanzlová, Pavel Šuchman, Pavla Švecová, Martina

Tesařová, Linda Tichotová Fryčová, Magdalena Tomášková, Kateřina Tulachová, Marek Uhlíř, Alena Uhlířová, Petra Vagenknechtová, Barbora Váchová, Libor Vaněk, Monika Vaníčková, Martina Vaňková Dvořáková, Lenka Váňová, Katarína Vlčková, Pavla Vopatová, Barbora Vráblová, Irena Zavadová, Martina Zikmundová

... and many other people from different professions who have worked for us externally and often without a fee.

## CESTA DOMŮ BODIES

### Statutory body:

Mgr. Marek Uhlíř  
Director (until August 2018)

Mgr. Ruth Šormová  
Director (from September 2018)

### Board of Administration in 2018:

MUDr. Zdeněk Kalvach, CSc.  
Chairman

Tereza Kaucká  
Vice-chairman

Ing. Jan Žůrek, CSc.  
Vice-chairman

RNDr. Josef Basík  
Member

Mgr. Václava Bratinková  
Member

Prof. RNDr. Milan Kodíček, CSc.  
Member

Ondřej Krása, Ph.D.  
Member (from September 2018)

JUDr. Rostislav Silný  
Member

### Founders:

MUDr. Ondřej Sláma, Ph.D.  
oncologist, palliative care provider

Ak. mal. Martina Špinková  
painter

Alžběta Marková, MAS  
nurse

Members of the Board of Administration and Founders did not receive any remuneration, they worked voluntarily.

## COOPERATION

1<sup>st</sup> Faculty of Medicine, Charles University, 2e plus s.r.o., 2N TELEKOMUNIKACE a.s., A L S , s.r.o., ABC MAGNET s.r.o., ACI-AUTO COMPONENTS INTERNATIONAL, s.r.o., Advis Consulting s.r.o., AGILAB group s.r.o., Akronym s.r.o., ALBERTINA s.r.o., ALFIX ČR ,s.r.o., Alza.cz a.s., AMBI CZ, s.r.o., Amgen s.r.o., ANAG, spol. s r. o., AUDIT SERVIS, spol. s r. o., AULOS, s.r.o., Auto Palace Spořilov s.r.o., AUTO STYL a.s., AutoCont CZ a.s., Avast Software s.r.o., AWAC, spol. s r.o., B 2, spol. s r.o., BASE GANG, s.r.o., Betagas s.r.o., Benevity, BigBit s.r.o., Bistro Empras, bnt attorneys-at-law s.r.o., CAMPING GAZ CS s.r.o., CLARINO, s.r.o., CLINUVEL s.r.o., Coca-Cola HBC Česko a Slovensko, s.r.o., Coffee Source s.r.o., ComAp a.s., Conduent Czech Republic s.r.o., COSMOPOLITAN CENTRAL EUROPE spol. s r.o., Cushman & Wakefield, s.r.o., Česká spořitelna, a.s., Česká televize (Czech Television), Českomoravská stavební spořitelna, a.s., Československá obchodní banka, a. s., Český rozhlas (Czech Radio), ČVUT v Praze, Fakulta architektury (Czech Technical University in Prague, Faculty of Architecture),

DAIKIN AIRCONDITIONING CENTRAL EUROPE – CZECH REPUBLIC spol. s r.o.,  
DAKOCON s.r.o., DAUFI Consulting s. r. o., Dejvické divadlo, o. p. s., Delfín travel s.r.o.,  
DIGNITA s.r.o., Diplomatic Spouses´ Association z.s., DISA s.r.o., Dixons Carphone CoE s.r.o.,  
DMA Praha s.r.o., doblogo s.r.o., Dobrobazar, z.s., Druhý sbor ČCE v Praze 3 Žižkově (Second  
Evangelical Church of Czech Brethren in Prague 3 Žižkov), Dunross s.r.o., ECOMAIL.CZ, s.r.o.,  
Eko-plasty.cz, Economia, a.s., EPIMEX spol. s r.o., Erhartova cukrárna (Erhart Confectionary),  
European GSA, European Investment Bank Institute, European Leadership & Academic Institute  
s.r.o., European Social Fund Operational Programme Employment, Explore Productions, s.r.o.,  
ExxonMobil Business Support Center Czechia s.r.o., FABIÁN - BRDY,z.s., Factoring KB, a.s.,  
Farma Kozárovce s.r.o., Fórum dárců z.s., Gajda s.r.o., Galerie Zdeněk Sklenář s.r.o., GIVT.cz s. r.  
o., Google Czech Republic, s.r.o., Google Ireland Limited, Gymnázium Arabská (Grammar  
School Arabská), HABARTline, s.r.o., Happy Training & Consulting, s.r.o., HEIM 68, a.s.,  
Hennecke s.r.o., Hilton Prague, Hilton Prague Old Town, Hypnosis s.r.o., CHODOV TOUR s.r.o.,  
Icon Clinical Research s.r.o., IDS Media CZ s.r.o., IMMUNIA spol. s r.o., INNA s.r.o., INVENTI  
Development s.r.o., INVESTKONSULT, spol. s r.o., IRSnet CZ s.r.o., IS – ACCOUNTANCY, s.r.o.,  
J3T s.r.o., JH Orto s.r.o., JpSoft s.r.o., Karmelitánské nakladatelství s.r.o., Kolektory Praha, a.s.,  
KONCEPT EKOTECH s.r.o., KPMG Česká republika, s.r.o., La Fabrika, Laděk, z.s., Lesy České  
republiky, s.p., LF1 MEDSOC, LINVA s.r.o., LMC s.r.o., Logio s.r.o., Magistrát hlavního města  
Prahy (Prague City Hall), MARIMEDIC s.r.o., Marketing Festival s.r.o., MEDAC, spol. s r.o.,  
MEDIAN, s.r.o., MediaRey, SE, MEDICAL TRIBUNE CZ, s.r.o., MEG Solutions, s.r.o.,  
MEGABOOKS CZ, spol. s r.o., MessaCorp s.r.o., Městská část Praha (City Districts of Prague) 1,  
3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 22, Metrostav Development a.s., MIKO SYSTEMS, s.r.o., Ministry of  
Labour and Social Affairs of the Czech Republic, Ministry of Health of the Czech Republic,  
MOJEZUBY s.r.o., MONETA Money Bank, a.s., MUDr. Václav Vomáčka, s.r.o., MUDr. Youngová  
& spol., s.r.o., MUSA catering s.r.o., MUSA, s.r.o., MUTTON s.r.o., MY.GYN s.r.o., Nadace  
(Foundation) BLÍŽKSOBĚ, Nadace ČEZ, Nadace Divoké husy, Nadace Charty 77, Nadace  
Komerční banky a.s. – Jistota, Nadace Taťány Kuchařové – Krása pomoci, Nadace Umění pro  
zdraví, Nadace VIA, Nadační fond AVAST, NADAČNÍ FOND OBĚTEM HOLOCAUSTU,  
Nadační fond POMOZTE DAREM, Národní památkový ústav (National Heritage Institute), Neit  
Consulting s.r.o., NEWTON Media, a.s., NFCP rental equipment s.r.o., NOVATO spol. s r.o.,  
ONLINE APPS s.r.o., Opportunus s.r.o., OPTIMAPHARM s.r.o., PC - Progress, s.r.o., Pedira s.r.o.,  
POLANSKY GALLERY s.r.o., PORTÁL, s.r.o., Power klima s.r.o., PRAGOFLOSERVIS, spol. s r.  
o., Pragotour s.r.o., Pražský kulinářský institut s.r.o., Projectman.cz, s.r.o., Q2 Interactive s.r.o.,  
Radioservis, a.s., RADNO, spol.s r.o., Rámy pasparty s.r.o., RENOCAR, a.s., Repromat, a.s., Retail  
Fashion s.r.o., RETRY s.r.o., Rezidence Palmovka s.r.o., RÖTHEL Praha, spol. s r.o., Sdružení VIA,  
z. ú., SENTIENT s.r.o., SHX Trading s.r.o., Smart Informatics s.r.o., Sofa Surfers s.r.o., Squelle  
Group, s.r.o., Státní ústav pro kontrolu léčiv (State Institute for Drug Control), STEM/MARK,  
a.s., STILL ČR spol. s r.o., Studio Designiq, Sugarcutes, Sun Marketing, s.r.o., Svěrenský fond na  
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Support Palliative Care and Persons in Difficult Life Situations), SVIT Gallery, Šach Mat s.r.o.,  
TenderPoint s.r.o., The Boston Consulting Group, s.r.o., The Prague Concert Co., s.r.o., Tiskárna  
Flora s.r.o., Trigema Building a.s., Tympanum s.r.o., Up Česká republika s.r.o., ÚVT, s.r.o., Výbor  
dobré vůle-Nadace Olgy Havlové, W.A.G. payment solutions, a.s., WALD Press, s.r.o., WEIL,  
GOTSHAL – nadační fond, Yabyrinth, s.r.o., YOGA SANGHA s.r.o., YUAR s.r.o.



## HEADQUARTERS AND CONTACTS

### Cesta domů, z.ú.

Heleny Kočvarové 1, 140 00 Praha 4

Reg. no.: 265 28 843

info@cestadomu.cz

www.cestadomu.cz

Phone 266 712 610

### Medical facilities, counselling, client reception, respite services

Phone 283 850 949, 775 166 863

### Equipment rental

Phone 775 556 925

### Library

Phone 775 055 207

### Bank details

Account number: 2800193970/2010, Fio banka, a. s., V Celnici 1028/10, Prague 1

Variable symbol for one-off donations is 357. Thank you.

### Websites

Cestadomu.cz

Umirani.cz – information, discussion and advice portal

Thinkaboutdeath.org

Vzpominky.nezavirejteoci.cz – virtual memorial site

www.facebook.com/cestadomu

twitter.com/CestaDomu

## ANNUAL REPORT 2018

### Publisher

Cesta domů, z.ú.

### Editors

Linda Tichotová Fryčová

Lenka Váňová

### Graphic design

Studio Designiq

### Photographs

Daniela Dahlien Neumanová

Josef Slavíček

Linda Tichotová Fryčová

### Printing

H.R.G. spol. s r.o.

# SUPPLEMENT

## ProCestu s.r.o. service organisation



In 2018, ProCestu s.r.o. service organisation continued to run the charity shops, the Cesta domů publishers and the café. Away from premises, the lease of an office and warehouse at Bubenská 421/3, Prague 7, where the service organisation has its headquarters, was also taken out in the second half of the year. The Managing Director of the service organisation is Vojtěch Kozlík.

### Cesta domů publishers

In 2018, we produced 18 publications, including 8 re-editions or other editions. There were three new books for children, two of them were original Czech books and one was translated from Norwegian. Overall, including invitations, leaflets and stationery, we produced about 90 different prints. The publishers had the same team as last year. And again this year, publications have been co-financed from grants, donations and advertisements. Many thanks go to the donors, without whom the books could not be published. They supported the publishing house with half a million crowns, which is almost 20% more than in the previous year.

We published our first novel, *The Love Song of Miss Queenie Hennessy* by Rachel Joyce. *I Can't Sleep* by Stein Erik Lunde and the typographically unusual *The Secret* by Martina Špinková are interesting children's books. We helped expand the palliative library for experts and laymen with the book *Drip, Catheter, Horn* by the Australian anaesthesiologist Ken Hillman.

Thanks to grants, it has been possible to donate some of the publications to hospices and other service providers throughout the country. We sell most of the books through large distributors

and nearly 40 smaller commission agents. We also sell books ourselves in two shops, in the café and on an e-shop, as well as at all the major book fairs, at three palliative conferences and several dozen other events. Thanks to trips, we have the opportunity to receive feedback from readers and librarians, psychologists and health professionals from many parts of the country.

### Cesta domů charity shops

Cesta domů has two charity shops. The shop near the Vltavská metro station is the larger of the two and also works as the headquarters, ordering merchandise and making arrangements for events. The shop on Bělohorská Street is in a quieter part of the city and visitors are mostly local and they often return to the shop. In both stores we sell goods from the publishers, including creative stationery, as well as various gifts and clothing.

An important event for the shops in 2018 was the first year of the Cabinet of Curiosities, an evening organised at the Archa Barista Café. The inspiration came from volunteers, the goal was to offer the most interesting and valuable items donated to the shops. Among the other largest events that we organised or participated in were our two JakPak bazaars in the spring, which we organised at Kampus Hybernská, and the Dyzajn market and Lemarket in Prague.

Volunteers worked 3,579 hours in the shops in 2018. They not only sell merchandise but also communicate with people who come to get information about care or seek comfort while they are mourning.

### The Cesta domů café

The café was operating for a second full year in 2018. It was designed as a quiet working place with good fair & bio coffee and soup and as a nice place to meet people and get information about Cesta domů. The premises were used for work and social events, one separate room was offered for rent. Exhibitions were held throughout the year in the café and collaboration with the Samaří Club, which held lectures here, continued. Events in the café in 2018 were supported by a grant from Prague City Hall, which meant that, among other things, an exhibition coordinator could be employed. An average of ten events were held in the café each month (readings by Martin Myšička, book launches, literary workshops for children, training sessions, press conferences, private viewings, volunteer meetings, parties, private celebrations). During the year there were 9 exhibitions and 10 lectures in cooperation with the Samaří Club.

### PEOPLE IN THE CESTA DOMŮ SERVICE ORGANISATION IN 2018

The following people worked for the service organisation in 2018: Lucie Bezděková, Markéta Čábelová, Klára Fischerová, Martina Chalupníková, Marie Kazmarová, Ludmila Kopecká, Vojtěch Kozlík, Tereza Límanová, Václava Linhartová, David Procházka, Štěpánka Ryšavá, Jaroslav Šimůnek, Veronika Šimůnková, František Špinka, Martina Špinková, Lucie Tarantíková, Debora Zálešáková and volunteers in the charity shops.

## THANK YOU FOR YOUR COOPERATION

Dos Mundos s. r. o., Karel Černošek, Studio Designiq, Fair & Bio pražírna, Farma Kozárovice s.r.o., Tiskárna Flora s.r.o., Renata Greplová, Pavla Hroudová, H.R.G. spol. s r.o., Kampus Hybernská, Mr and Mrs Holitscher – inheritance, Michal Jankovský, students and teachers of the Jan Kepler Grammar School, Mr and Mrs Kaucký, Life M s.r.o., Magistrát hlavního města Prahy (Prague City Hall), Radek Malý, Městská část Praha (City Districts of Prague) 6 and 7, Ministry of Culture of the Czech Republic, Bára and Martin Myšička, Marie Novotná, papelote s.r.o., Polífkárna s.r.o., Samaří Club, Sbor Církve bratrské Praha 1 (Church of the Brethren in Prague 1), SPONA, s.r.o., František Staněk – Kubista, Státní fond kultury ČR (State Culture Fund of the Czech Republic), lékárna Stochov (Stochov chemist's), Svět knihy, s.r.o., Kevan van Thompson, Lorraine Traynor, Timothy Young, Veselé poutnice, Whisky&Kilt s. r. o., Miroslav Zíka

### ProCestu s.r.o.

Bubenská 421/3, 170 00 Prague 7  
Company ID no.: 031 316 88

### Bank details

Account number: 2400625607/2010, Fio banka, a.s., V Celnici 1028/10, Prague 1

### Cesta domů Publishers

nakladatelstvi@cestadomu.cz

### Charity shops

Bubenská 421/3, 170 00 Prague 7  
Bělohorská 1643/90, 160 00 Prague 6  
obchod@cestadomu.cz

### Charity café

Soukenická 1193/15, 110 00 Prague 1  
kavarna@cestadomu.cz

## WEBSITES

[www.cestadomu.cz/nakladatelstvi](http://www.cestadomu.cz/nakladatelstvi)  
[eshop.cestadomu.cz](http://eshop.cestadomu.cz)  
[www.cestadomu.cz/obchody](http://www.cestadomu.cz/obchody)  
[www.cestadomu.cz/kavarna](http://www.cestadomu.cz/kavarna)  
[www.facebook.com/kavarnaCD](http://www.facebook.com/kavarnaCD)  
[www.facebook.com/dobrocinnymbchodCD](http://www.facebook.com/dobrocinnymbchodCD)